

## Virtual Support Group for English speaking caregiver

**Thursday  
9H30 - 11H30**



Spring 2024



**ZOOM**



**Pascale Prinsen Geerligs**

Psychosocial worker -  
Host of the Rivière-du-  
Nord group.

**APRIL 25th**

Getting to know you

**MAY 30 th**

Compassion fatigue

**JUNE 20th**

Asking for help : how to?



For more information or to register, simply call the reception line 579-888-0211 to be put in contact with the support group worker who will be able to answer your questions and give you the connection information to participate to meetings.

SOUTENU FINANCIÈREMENT PAR :